

毎日のウォームアップ・エクササイズ

～日高 剛氏 推奨～

Warm Up ①



LOVE THE ORIGINAL
楽譜のコピーはやめましょう

Warm Up ②



Musical score for 'Warm Up ②' consisting of seven staves. The first three staves are in treble clef, and the last four are in bass clef. The time signature is 3/4. Each staff contains two measures of music, with a fermata over the first measure and a repeat sign at the end of the second measure. The notes are quarter notes and eighth notes, often beamed together. The key signature changes from one flat to two flats across the staves.

Warm Up ③



LOVE THE ORIGINAL
楽譜のコピーはやめましょう

F1

F2

F0

B23

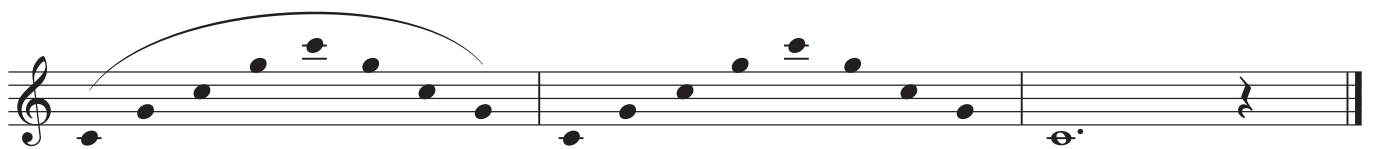
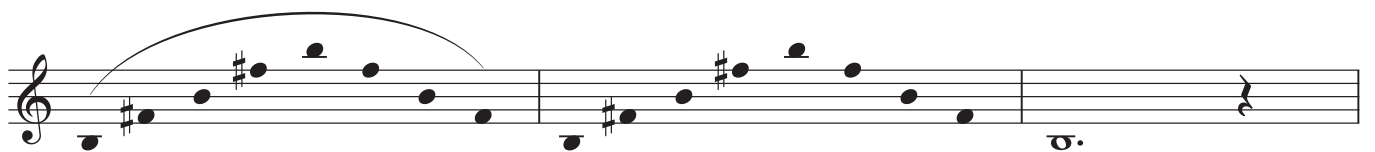
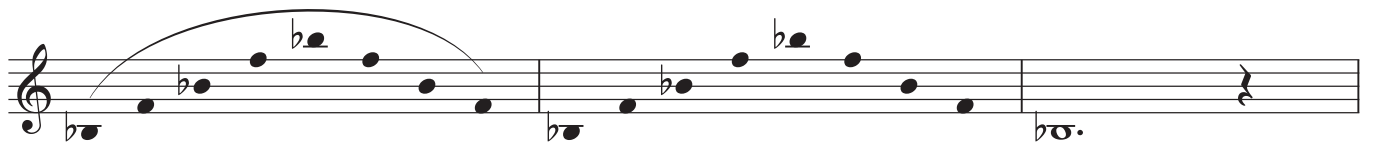
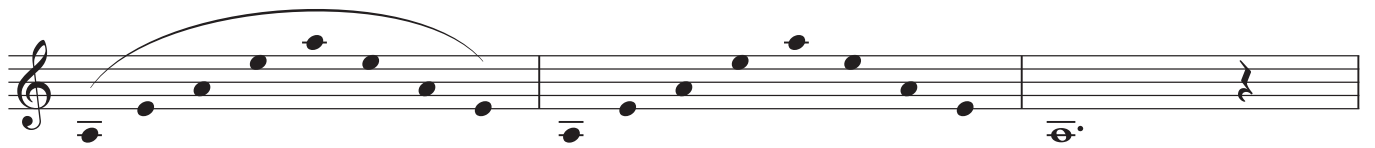
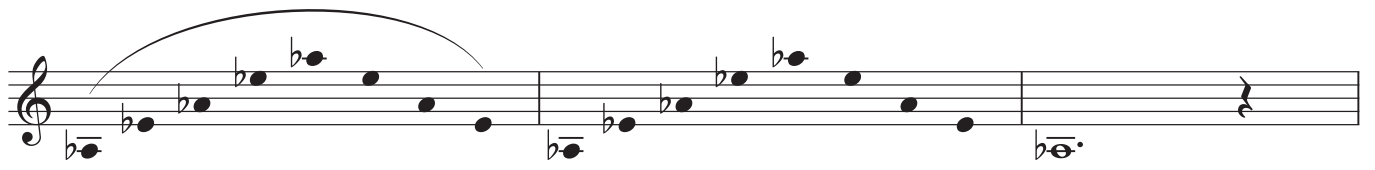
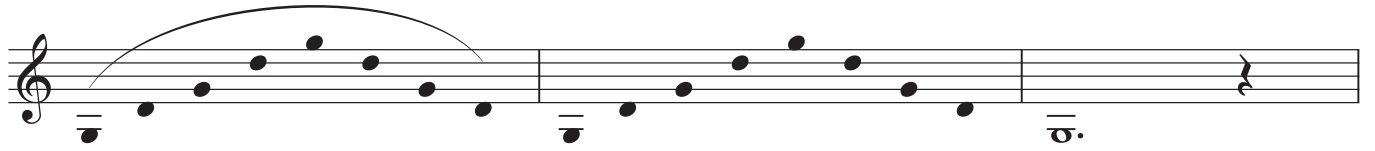
B12

B1

B2

B0

いつもの運指で



Warm Up ④



F0

F0 B2 F0 B2 F0 B2 F0 F0 F0 B2 F0 B2 F0 F0 F0 F0 F0 B2 F0 B2 F0 F0 F0 F0 F0 F0 F0 B2

B23

B0

B12

F2

B1

F0

B2

F23

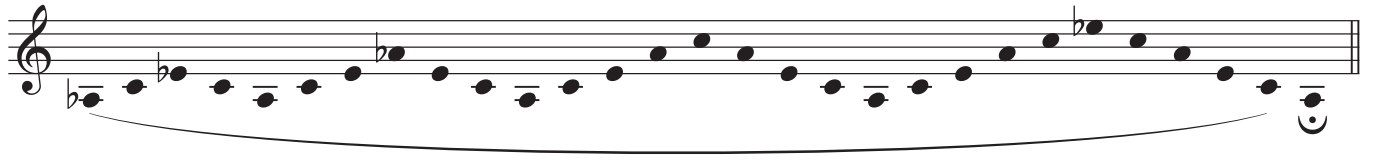
B0

B12

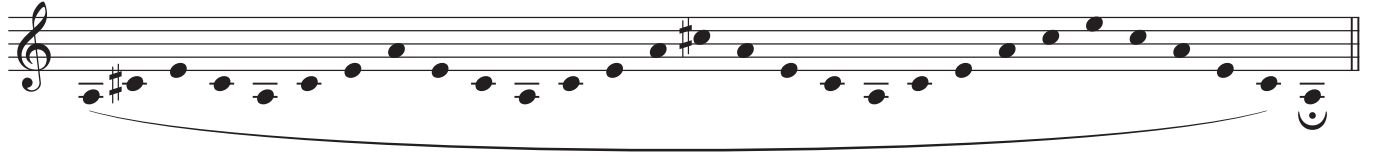
すべて F123

F13

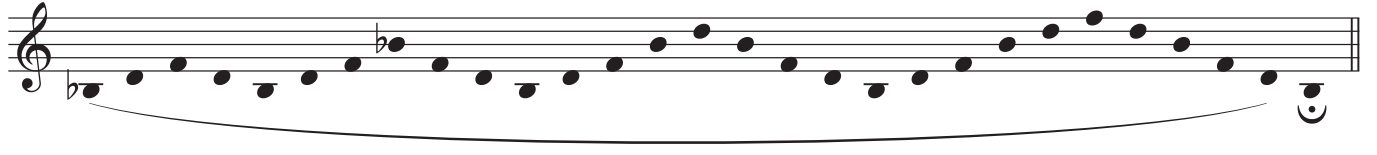
F23



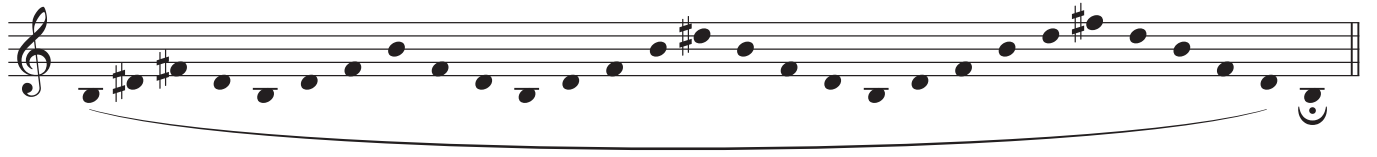
F12



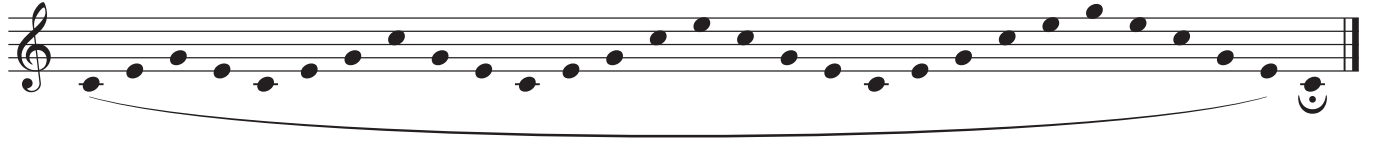
F1



F2



F0



Warm Up (4)'



LOVE THE ORIGINAL
楽譜のコピーはやめましょう

B23

B12

B1

B2

B0

Warm Up ⑤



LOVE THE ORIGINAL
楽譜のコピーはやめましょう

Warm Up ⑥



LOVE THE ORIGINAL
楽譜のコピーはやめましょう

B0



B2



B1



B12



B23



B13



B123



Warm Up ⑦



B0



B2



B1



B12



B23



B13



B123



F1

